



**The Westminster
School**

Safe, Happy and learning Together

www.thewestminsterschool.co.uk

2023/2024

PE Health & Safety Policy

Building foundations and providing opportunities to create confident, aspirational, and independent members of our community.

Approved by Governing Body on:	13/06/2024
Signed by Chair of Governors:	<i>P. A. Evans</i>
Head Teacher:	O M Flowers
Lead Personnel:	PE Staff
Date of Review:	13/06/2025

General Aims

It is the duty of all members of staff supporting teaching in PE to:

- to take reasonable care for the health and safety of themselves and other persons who maybe affected by their acts or omissions during work,
- to be familiar with and implement this health & safety policy,
- to be aware of policy updates
- to follow its provisions, and
- to cooperate with other members of staff in promoting health and safety.

General Health and Safety

General risk assessments will be conducted for all venues where PE takes place and specific risk assessments will be conducted for pupils where necessary.

Pupils will follow instructions and be supported by the Class Team to do this.

Pupils must wear appropriate PE clothing for all PE activities following the school PE kit policy. However, however spare kit will be available for pupils. Acceptable clothing is that which presents no risk of injury to the wearer or other children and young people. Clothing should allow unrestricted movement without being loose and when necessary provide protection for the activity concerned. Care should be taken to ensure that young people do not wear unnecessary amounts of clothing, particularly for indoor activities. Pupils must tie long hair back and staff will support pupils to do this. Pupils should remove jewellery before taking part in activities. Items of clothing worn for religious and spiritual reasons, such as a head scarf or turban should allow unrestricted movement without being loose and should not hinder personal safety and protection for the activity concerned.

More detailed information about safety procedures can be found in our dedicated Health and Safety Policy, First Aid Policy and Fire Plan including:

- accident reporting procedure
 - first aid procedure
 - fire evacuation procedures off-site activities
- swimming

PE equipment will be checked before every use by the staff member in charge of the session. Damaged equipment will be taken out of use and reported to Lance Goodby.

School will support learners in applying sunscreen (SPF15 or higher) when taking part in outside activities in hot weather. Where possible, players not taking part should be sitting in some form of shade if accessible and appropriate.

Pupils will be supported to use showers following PE/Move lessons and care should be taken by pupils and staff when walking on wet floors.

Risk Assessments

The Westminster School has a robust risk assessment process in place.

The process is as follows:

- identify the hazards
- decide who might be harmed and how
- evaluate the risks and decide on precaution

- record the findings and implement them
- review the assessment annually and update if necessary

Inclusion

To ensure PE is as inclusive as possible, we will implement:

- Standard planned activities, differentiated for pupils with various needs.
- Adapted activities in line with pupils' Education Health and Care Plan (IHCP).